

MSH Newsletter Autumn 2023



Message from our Chairman

An opening statement can well start with..... *Do you want the bad news or the good news first!*

Well let me start with the bad news first. Cheri, our beloved Administrator is stepping down from the role after nearly 4 years of service. No, we have not worn her down! She is leaving to pursue other interests, and will be missed by all. Prior to Cheri joining us, the administration of MSH was in name only and quite frankly we were in a bit of a mess. Cheri soon took control and put the administration function on a solid basis, introducing the necessary processes and procedures, as well as putting up with us guys!! One of her major contributions to MSH is the Quarterly Newsletter which has had great reviews. It is evident when reading the NL that a significant effort goes into its production; it currently has a circulation in the region of 200.

From all our members Cheri, we thank you for all your hard work, and all the best for the future.

The good news is that we have appointed a replacement administrator, Ann Muggeridge. I have known Ann for a number of years; her late husband John was an early member of MSH. She has many years experience working in administration and dealing with older people, (so she should feel at home dealing with us lot!!) I am sure that you will join me in wishing Ann best wishes in her new role.

So, sadly we say bye to CHERI but eagerly welcome ANN to the MSH fold.

Note: We will need some help going forward with managing the Facebook page – this is a vital source of advertising and publicity – do get in touch if you are interested and willing to have a go at this.

Shed News – Valued Support from our local community



We are happy to be forging a relationship with Fowler's Building Contractors, who are based in Cowfold.

Ben had a very productive meeting in mid August with Will Lydon, MD of Fowlers. The company has been going for 150 years and specialises in high class restoration work. Will and his team were aware of the Men's Shed movement and want to assist MSH in any way they can. Having provided the back ground to MSH, Will showed Ben around their depot including the joinery shop where they carry out high quality work, mainly in hardwood.

Fowlers have already made a financial donation to the Shed as well as providing use of their transit van, and have also offered assistance for heavy moves i.e. provision of a vehicle and manpower, member visits to their joinery shop and restoration sites, plus any wood off cuts and any miscellaneous items stored in their yard

We would like to thank Dave Townsend and Alan Skinner for the introduction; both have family connections with Fowlers

<https://www.fowlerbuildingcontractors.co.uk/>; <https://www.instagram.com/fowlerbcofficial>



kangarooz



We would also like to extend a massive, massive thank you to Roo from Kangarooz in Warnham who made our fantastic new advertising backdrops, banners and table cloths. On the next page you can see them on their first outing!

<https://kangarooz.co.uk/>



At the beginning of September we hosted a stall at Horsham John Lewis.

Thank you to Charlie South from John Lewis, to all the guys that helped, to Roo for the display, and to everyone who came to say hello



AN INVITATION FROM THE MORRIS MEN!

The Broadwood Men are a Horsham-based men's Morris side and like all Morris sides they are always looking for new members. As a men's Morris side they recognise the value of men's spaces and they are wondering if any of the Shedders would be interested in giving Morris dancing a try?

There's information about the Broadwood Men on the website: <https://broadwoodmorris.uk> and they are on Facebook as <https://www.facebook.com/thebroadwoodmen>

They are holding an open practice on **Wednesday 19th October from 8.00pm in the Unitarian Church Hall, Worthing Road, Horsham RH12 1SL**. No experience necessary, their experienced dancers will get you dancing by the end of the evening after which the group will head to the Kings Arms in the Bishopric for some refreshments from around 9.30pm. They will even buy the first drink for anyone who comes along.

Shedders can join for as much of the evening as they wish to - and that does mean you can skip the dancing and only join the Morris men at the Kings Arms but that does rather miss the point. Do think about going and joining for the whole of the evening – they would love to see you.

Shedders would also be welcome at any of the Thursday evening practice sessions and not just the open practice on the 19th, maybe best to email Trevor Marshall - broadwood.squire@gmail.com - before travelling any distance.

As you will know, we have been working with the Knepp estate – here is the write up from their newsletter on our building blocks



**Knepp x Men's
Shed
Our sustainable
children's
building blocks**

“We’re delighted to be collaborating with the Horsham Men’s Shed to produce sustainable, beautifully crafted children’s building blocks – the perfect, timeless gift for a child or grandchild.

Inspired by the 100-year-old toy box at Knepp – a real family treasure, we wanted to produce a simple heirloom toy, something to inspire creativity and a relationship with nature in new generations of children. The blocks are made from Knepp ash and are a way of honouring our beloved trees that have succumbed to the devastating effects of Ash Dieback.

You'll be able to buy our sustainable blocks for your little one in our new shop when it opens on 28 September. “

"What's the Men's Shed done for me?
Probably saved me from going do-lally.
I used to just sit around all day, but then
my wife sent me here with
my flask and sandwiches, and I haven't
looked back since."

- Bob, Horsham Shedder



What else have we been up to?

Summer Sale, August 2023

We made over £700 despite having to clear up quickly at 12 Due to a sudden downpour!



We made traditional wooden fairground games for the All Saints School PTA summer fair

Brian Salvage is making a Tombola drum for Warnham School PTA.



There was another enjoyable and well attended curry night at the Hen & Chicken in Southwater and Ben and Lynn hosted a brilliant Summer BBQ



We would like to say thank you to Gary for the great work that he did in supplying overhead electrical sockets in the main room and in the engineering room. Thanks also to Brian for his exceptional work on the dust extraction system has been exceptional. You are Shed stars!



Social Events

If you have an idea for a social activity – have a chat with your fellow Shedders, exchange numbers and just do it! You can also join and use the WhatsApp for planning too.

Talking of which, here's a suggestion from Brian Sprawson -

MEN ON MOTORCYCLES

You will all be familiar with The Men's Shed or HMS as I call it .I've been riding motorbikes since I was sixteen and mainly ride on my own as I don't like riding on weekends or in large groups.

My proposal is that as there are at least Six Shed members who ride, that we form an informal group who would like go for some nice rides down to the coast or beauty spots or whatever.

I have some favourite rides and I'm sure others will have theirs.

I'm know it's a bit late in the year now, but I'd like to float the idea to see if anyone's interested.

In the meantime keep on riding !!

Brian



A reminder that the pub meet up at the Brewhouse And Kitchen (East Street) is a regular occurrence on the last Friday of each month from 2pm – just turn up if you fancy it! We are also going to Brewhouse for the Shed Christmas dinner – see next page for details.

Christmas Dinner

We have booked the Brewhouse and Kitchen Horsham for this year's Christmas meal. It is arranged for **7pm on Weds 29th November** and the menu is available online or ask us. It has been agreed by the Treasurer and Chairman that we are in good shape and as a result we feel that we can subsidise the event by contributing £20 per person, reducing the cost of the meal from £31.95 to £11.95 pp (drinks to be paid for separately). This is in recognition of the work the members have put in this year to make the SHED a success!!

The event is open to members and guests; the pub has a first floor room dedicated to such events and it is an ideal setting for our needs.

There is a cap on how many they can take so it is advisable to register your intent as soon as possible. A sign up sheet will be displayed at the Shed.



A Note from Cheri

As you will have heard, I will shortly be stepping down as Shed Administrator, after 3 ¾ years in the role. I have enjoyed my time working with you very much, and look forward to seeing the Shed go from strength to strength.

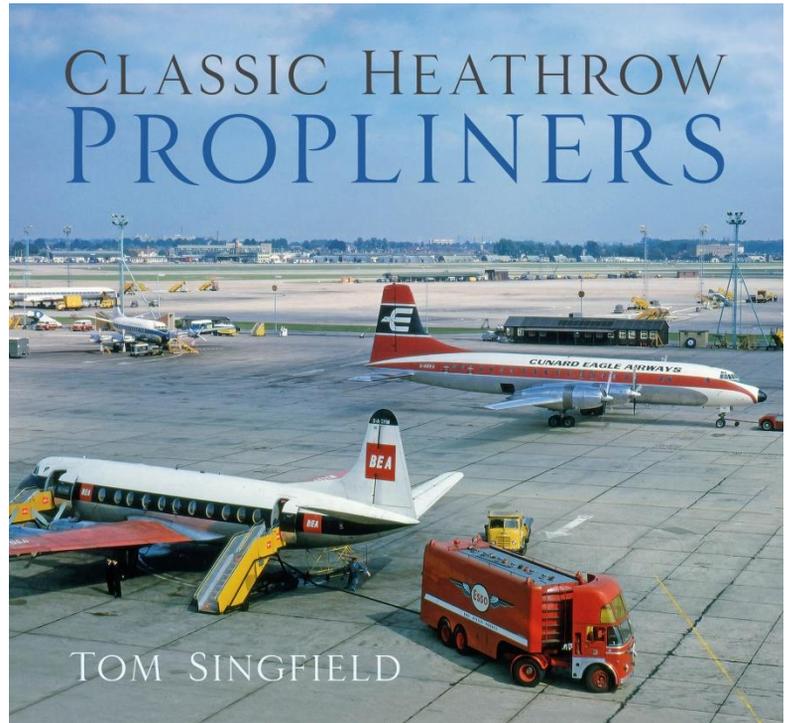


An admin note: can Sheddors who have tools they wish to donate to the Shed, please contact Chris Avery first. We have a lot of tools and we are struggling to store/check and PAT test them. Chris has his own Shed email: chrisavery@mens-shed-horsham.org.uk

We have an author amongst us!

Shedder Tom is a vital asset to the Shed, and is always busy working on something - his current projects are, don't laugh, a beer bucket, a restored oak biscuit barrel, a floor lamp made from a vintage fire extinguisher and the first steps in making another large wooden, wheeled industrial trolley! And he even finds time to write!

His new book "Classic Heathrow Propliners" will be on sale next month - £25 from all good bookshops or contact Tom for a signed copy.



And apparently we also have a life size garden gnome! Only kidding, we love you Bas!



A FEW ADMIN NOTES

Safeguarding - along with Health & Safety this is **everyone's responsibility**. If you are concerned about a fellow Shedder's health/wellbeing please talk to your Shed Supervisor, Ben or Cheri. Also please report any incidents at the Shed that may impact anyone in a negative way. Any questions, don't be afraid to ask.

WhatsApp is a useful tool to keep in touch, so please ask admin if you would like to join the Shed group. You can also request copies of our handbook, policies etc should you wish to have some light bedtime reading!



Shed Clothing:

We have Shed T shirts for sale, as beautifully modelled here by Bas and Chris - £5 on a first come first served basis. Please ask your Supervisor. If you would like a hoodie or sweatshirt, there is a sign up sheet at the Shed, or please message admin by email/phone/WhatsApp

Another way you can support the Shed

Horsham District Community Lottery –Tickets for the lottery cost just £1 a week. Each ticket has a 1 in 50 chance to win a prize each week, with a top prize of £25,000! From every £1 ticket, 60p goes to good causes in the Horsham District. The Shed will get 50p of the ticket price and the remaining 10p will be distributed to other local good causes. Please buy a ticket or two and encourage your family and friends to do the same!

<https://www.horshamdistrictcommunitylottery.co.uk/support/horsham-men-in-sheds>



Please note that our current membership contribution is £35 per year. If this causes you any hardship do contact us in confidence to discuss.

Opportunities within our local community

The next few pages contain news from groups in the local area.
Please contact them direct if you are interested



**CHRISTMAS
BAZAAR**

the olive tree
supporting you through cancer

24 Nov 3-6pm

*at Lavinia
House, Horsham
RH12 1GZ*

**£2 entry includes
mince pie and hot
drink**

Open to non-members - bring your
friends!

Silver Bullet

Men's Group in Horsham



The Coot Cafe

The 1st Thursday of every month starting 6th July 10am-12:00pm
The Coot Café, Cootes Avenue, Horsham RH12 2AD
£2:00 Unlimited Tea and Coffee

For more information call 0800 019 1310 or email
info-horsham@ageukwsbh.org.uk
No booking necessary - just turn up!

   [@ageukwsbh](https://www.instagram.com/ageukwsbh)  www.ageukwsbh.org.uk

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THE BROADWOOD MORRIS MEN



**SUPPORTING LOCAL BREWING
SINCE 1972**

WHY NOT HELP US CONTINUE THE GOOD WORK?

**FIND OUT MORE JOIN US AT THE UNITARIAN CHURCH
HALL, WORTHING RD HORSHAM RH12 1SL - 8.00PM,
OR AFTERWARDS AT THE KINGS ARMS BISHOPRIC HORSHAM
RH12 1QN - 9.30PM
THURSDAY 19TH OCTOBER 2023**

**Email: broadwood.squire@gmail.com
Website: broadwoodmorris.uk
Facebook: The Broadwood Men**

