



Keeping Busy, Keeping Active Issue No 34, November 2023

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Our own Lioness roars



Congratulations to **Karen Dare**, from our walking football, who has won The Lioness Award as part of England Football's Grassroots Football Awards. This is given to a club, or project that has developed opportunities for women or girls in recreational or competitive football. Karen set up "Coffee & Kicks", a weekly walking football group for women over 40, based in Portslade. Who knew we had such stars amongst us.

Christmas Fair

The Men Shedders are running a stall at the **Roffey FC Christmas Fair on 1st December, 6-9pm**. There will be all sorts of craft stalls, cakes, tombola etc. Come along for a glass of mulled wine, and browse the stalls. Located at the end of Bartholomew Way in Horsham.

Croquet trial run

Building on the croquet sessions at our Summer BBQs, a few members went with Laki to have a professional go. They had a lovely time and are seriously looking at this for next season.



Celebration of Maggie

Many of us from the football and walking groups attended the recent Celebration of the life of our most treasured **Maggie Smith**, who sadly died far too young after a short but brave struggle with cancer. What an extraordinary person. With us at football she taught us all so much - how to be plucky, amusing, determined and darn right stubborn as she commanded her

position on the right wing and demanded a pass! We will miss her forever. God bless you Maggie. A match to raise funds for Cancer Research seems like a fitting thing to do. Watch this space...

It's beginning to look a lot like....

...time for HSCP Members to book onto the Christmas Lunch!

- ✓ **Tuesday 12 December**
- ✓ **Horsham Sports Club**
- ✓ **Christmas Lunch & Festive Fun**

The Sports Club restaurant is under new management with very positive reviews so we are looking forward to experiencing it. 2 Courses £25, 3 courses £30.



Menu and booking details overleaf for Members!

**Look out for our Xmas cards/tag packs,
6 cards and 6 tags £3, or 2 packs for £5**



Remember the blue skies...

A fantastic programme of varied walks and cycle rides took us through 2023 with mainly brilliant blue skies...until the last few weeks when we had to concede to the weather. We can't wait to get going again in 2024! Thanks to Derek for his brilliantly planned and excellent rides, and thanks to a variety of members for their guided walking routes. We are mulling over a 2024 walking programme, if you have ideas let us know!



MenShed impetus

The Menshed is starting to see fresh impetus with some new members, mainly from the efforts of Harry who attended various wood fairs around Sussex (see wine rack creations in photo). A bit of a reorganisation in the shed itself includes new benches, new shelving and the installation of two dust extraction units, which will clean the shed air no end, and create a safer working environment. There are discussions about opening up the Shed again on Wednesdays as numbers could allow this. Many of our shedders will attend the upcoming first aid Courses being set up in the New Year.

Get in Touch...

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